OFFICE OF EPIDEMIOLOGY & SURVEILLANCE



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www.cdhd.org

To prevent and treat disease and disability; to promote healthy lifestyles; and to protect and promote the health and quality of our environment.

News Release

Measles Confirmed in Ada County

Date: February 1, 2001

Contact: Kathy Holley, RN, Director

Central District Health Department

(208) 327-8502

A Boise resident has been diagnosed with measles. This is the first laboratory confirmed case of measles in Health District IV since 1991.

Measles is a highly contagious airborne disease with attack rates, among susceptible contacts, as high as 90%. In the United States, death occurs in 1 to 3 of every 1,000 cases. Since measles is airborne, close contact with an infected individual is **not necessary** for transmission to occur. Measles can cause very severe illness in immune compromised persons, un-immunized pregnant women, and children less than 12 months of age.

People who were at the following locations at the identified times may have been exposed to measles and should check their immunization records closely.

Capital Christian Center
 2760 E. Fairview Ave., Meridian

Sunday, January 14

 Mountain View Medical Center 3301 N. Sawgrass Way, Boise Friday, January 19

- Saint Alphonsus Regional Medical Center Laboratory
 1055 Curtis Rd, Boise

 January
 - January 21, 22, or 24

Mission Media
 5269 W. Emerald, Boise

January 15 through 19

People are generally considered to be immune to measles if they fall under any of the following conditions:

- born before 1957
- born after1956 and received 2 doses of MMR vaccine after1969
- have documentation of physician diagnosed measles
- have lab evidence of immunity to measles
- have documentation of 2 measles vaccinations after 12 months of age.
 - **★The first dose is generally given at 12 months of age. The second dose is usually given at 4-6 years of age. Those who have not received the second dose should receive it if they are 4 years of age or older.**

The symptoms of measles are:

- **1.** Fever of 101° or greater
- 2. Cough
- 3. Runny nose
- 4. Red, itchy eyes
- **5.** Rash (generally starts on the head or face and lasts for 3 or more days)

Anyone who experiences such symptoms should consult their health care provider immediately to arrange an evaluation. Persons with a rash illness should call their physician ahead of time so that arrangements can be made to isolate the ill person from other patients to reduce the risk of infecting others. If someone does not have a healthcare provider, they may call CDHD at 327-8625 for assistance.

Central District Health Department strongly encourages *all parents* to review their immunization records and their children's records to be sure they are up-to-date on all immunizations, particularly measles, mumps and rubella.

CDHD Immunization Clinic Schedule

Monday – Friday 8 a.m. to 4:30 p.m. Monday and Wednesday evenings until 7:30 p.m. Appointments available: call 327-7450